

Prashna khadka

Contact

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 Hetauda, makwanpur

Skills

I possess strong verbal and written communication skills, with the ability to interact confidently and respectfully with individuals from diverse backgrounds. I demonstrate active listening abilities and maintain a calm, empathetic, and non judgmental approach in conversations. I am organized, responsible, and capable of managing academic responsibilities alongside professional commitments. I also have foundational knowledge of digital communication and social media platforms, which supports effective outreach and engagement when required.

Language

English
Nepali

Summary

Dedicated and responsible undergraduate student with strong counseling, mentoring, and interpersonal skills. Experienced in providing student guidance and peer support, with a communication focused background. Committed to fostering a supportive, ethical, and solution oriented environment that helps individuals make informed academic and personal decisions.

Education

Bachelor of Information and Communication Technology

Makwanpur Multiple Campus, Nepal
Ongoing

Higher Secondary (+2)

Hetauda School of Management and Social Sciences, Nepal

Secondary Education

Solidarity International Academy, Nepal

Experience

As the Brand Representative and face of Man and Brands, I have gained valuable experience in communication, public interaction, and audience engagement. My role involves representing the brand professionally on social media and in campaigns, which has strengthened my confidence, interpersonal skills, and ability to connect with diverse individuals. Coordinating with the team on various projects has developed my organizational and collaborative abilities, as well as adaptability in managing responsibilities. This experience has helped me build skills in understanding people's responses, communicating effectively, and maintaining a professional and approachable presence all of which are essential for a counselor role.

